

A Guide To Golf Club Selection

When learning how to play a sport, one of the essential components is learning what equipment you need in order to play. Golf is no different, and choosing the right clubs for you may be an overwhelming task. The first thing to understand is that purchasing a standard set of golf clubs is not the first things to do. In fact, for someone serious about learning how to play, it is highly recommended that you hold off on purchasing golf clubs until you have tried a few sets out. The reason that you won't want to purchase a "standard" set of clubs is that they are designed for a person of average build. Of course, since everyone is built slightly differently, even though you may feel that you are of an average height, your arm or leg length may differ. These variations will cause your swing to vary. It's not far fetched to state that a set of golf clubs are as unique as the individual carrying them. So, where to begin then? Generally speaking you should be looking for a club that is the runs the length of your navel to the floor. This will be an estimate of the size of the club you are seeking. The good news is that you don't have to purchase multiple sets of clubs to find the set that fits you best. Most golf courses have a wide range of clubs available for rental purposes. The reason they have these rentals available is for the beginner who is looking to find their swing, so to speak. Not only should you rent various sizes of clubs; you should also rent different brands of equipment. Again, remember that while the length of the club will matter, perhaps there is a brand that makes a club that is more comfortable than another. First, test your swing. Rent a set of clubs and set out to the driving range. Once you find a club that allows you to swing comfortably and confidently, take that set onto the course and play a few rounds. This is the time that you will want to evaluate whether you simply purchase that brand in the length that suits you, or if you want to have a set of clubs custom built. If you are a novice, and don't have a strong game, it may be slightly premature to have clubs customized. You need to at least have the basics down and be seeking improvement in your game to invest in custom clubs. Customized clubs are unique to your size and your body type. Build affects swing, so if the clubs are made with your build and swing in mind, you will inevitably end up with the best possible clubs for your style. Customized clubs don't magically make you into a better golfer, though, so ensure that you are still keeping your eye on training and not expecting your club type to change the game. Customized clubs can improve what is already in place, however. Professionals know about the decision making process better than anyone, so talking to them about what clubs will work best specifically for your body type is one of the best ways to make it happen. Make sure you get the equipment selection process right, as it is the primary element to getting the sport down pat and the best way to discover how to become a better golfer.

About the Author

Graham Johns owns and writes regularly for GolfingLife.net where you can read many more articles on all aspects of [golf clubs](#) and equipment. And go to [Well Spoken Audio](#) for a collection of entertaining and informative golfing audiobooks on golf and golfing personalities including [Greg Norman](#) and many others.

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